



2-8 LUNCH MENU

WEEK ONE

Thursday

Beef & fresh vegetable stew
& Yorkshire pudding

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“Eat curious” vegetarian
mince stew & Yorkshire
pudding

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Roast New potatoes, carrots
and swede

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Lemon drizzle cake

Monday

Chicken curry & brown rice

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Chick pea & vegetable curry
& brown rice

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Cauliflower & Garden peas
Naan bread

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Apple crumble & custard

Tuesday

Locally sourced Pork sausages

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Vegetable Sausage & butter
bean casserole

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Mashed potato

Baked beans & Green
cabbage

homemade gravy

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Rainbow Sprinkle cake

Wednesday

Stuart’s famous 7 veg and red
lentil sauce with wholemeal
penne pasta

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Broccoli and sweetcorn
homemade focaccia

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Chocolate crunch

Friday

Breaded Fish fingers

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Tofu breaded fingers

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Air fried Chips

Baked beans and Garden peas

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Jelly pots

Available every day

Fresh salad bar with olives,
crudities, and a seasonal
Selection of fresh ingredients

Jacket potatoes

Wholemeal bread

Fresh fruit salad

Yoghurt

Fruit of the week

Fun food facts

Tomatoes are high in vitamin C
& support a healthy heart and
digestion There more than
10,000 varieties of tomatoes in
the world

The cod in our fish fingers is
packed with omega-3 fatty acids
Protein and B vitamins