



WEEK ONE—LUNCH w/c Monday 17 March

~ Available Monday to Saturday ~

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Soup of the Day
Jacket Potato & Pop-up Station
Fresh Salad & Deli Bar
Selection of Cold Desserts

Monday

Balti

A flavourful, aromatic curry with a choice of chicken or chickpea & vegetables in a rich, spiced sauce

Served with wholegrain rice and naan bread

Sides of roasted cauliflower, kachumber and raita

Apple crumble

Tuesday

Roast pork

Succulent roast pork, perfectly seasoned and slow-cooked to tender perfection, served with apple sauce

Baked stuffed mushrooms

Vitamin D packed mushroom with a plant-based mince, cream cheese and an antioxidant garlic & herb stuffing

Served with Yorkshire puddings, roast potatoes, carrots, green beans and gravy

Rice pudding with jam

Wednesday

Pasta day

Wholewheat pasta with a choice of creamy carbonara or tomato & lentil sauce

Salmon pasta bake

A comforting pasta bake featuring tender salmon in a rich, creamy sauce, baked to golden perfection and topped with a melt-in-your-mouth cheese crust

Served with garlic bread, roast Med vegetables, and Italian salad

Chocolate crunch

Thursday

Chimichurri casserole

A zesty and flavourful casserole featuring slow cooked beef or plant-based 'Eat Curious' pieces, baked with a vibrant chimichurri sauce for a bold, herby kick. Perfectly savoury and satisfying

Served with wholegrain rice

Sides of broccoli and corn cobs

Lemon drizzle

Friday

Fish Friday

Choice of jumbo cod fish fingers or handmade five-bean breaded fishless fingers

Served with air-fried chips and floured bread buns

Sides of mushy peas, baked beans, curry sauce and homemade tartare sauce

Marmalade cake

Saturday

Bolognese

A classic, rich Bolognese sauce with either mince beef or vegetables & lentil, tomatoes and aromatic herbs

Served with wholewheat pasta and garlic bread

Sides of peas & sweetcorn and a rocket salad

Flapjack

Sunday

BRUNCH SPECIAL

Rotating specials of minute steaks and gammon plus paninis and omelettes

Cumberland sausage or bacon, veggie sausage, free range fried eggs, baked beans, Sauté mushrooms, hash browns

CONTINENTAL

Selection of warm pastries, fruit slices, cereals, yoghurts, toast and preserves

Creamy porridge, smoothie of the day, super seeded granola & fresh fruit