



WEEK TWO—LUNCH
w/c Monday 9th
September

~ Available Monday to Saturday ~

~
Soup of the Day
Jacket Potato & Pop-up Station
Fresh Salad & Deli Bar
Selection of Cold Desserts

Thursday

Bangers & mash
Choice of butcher's country herb
or vegetarian sausages

Served with creamy mashed
potatoes, onion gravy and garden
peas

Orange drizzle

Monday

Thai veggie curry
Sweet potato, aubergine and
chickpeas in a fragrant, mild
Thai curry sauce

Thai chicken curry
Chicken thigh in a fragrant, mild
Thai curry sauce

Served with steamed rice,
broccoli and prawn crackers

Apple oaty crumble & custard

Tuesday

Quinoa roast
Three colour quinoa (*a complete
protein*) & cumin carrot bake

Topside of beef

Served with Yorkshire puddings,
roast potatoes, carrots, savoy
cabbage and pan gravy

Rice pudding with jam

Wednesday

Pasta Day
Fusilli pasta with a choice of
tomato & mascarpone or creamy
herb sauce

Served with garlic bread, med
veg and Italian salad

Sides of pesto, parmesan and
olives

Chocolate sponge and chocolate
sauce

Friday

Southern fried chicken burger
in a floured bun
or
Spicy bean burger in a floured
bun

Served with fries, crisp green
salad and sriracha mayo

Ginger cake

Saturday

Vegetable bolognese
Mediterranean vegetables in a
traditional tomato ragu

Bolognese
Prime minced beef in a
traditional tomato ragu

Served with wholewheat pasta,
garlic bread and rocket salad

Fruity flapjack

Sunday

BRUNCH SPECIAL
Paninis made to order

Cumberland sausage, veggie
sausage, free range fried eggs,
baked beans, Sauté mushrooms,
hash browns

CONTINENTAL
Selection of warm pastries, fruit
slices, cereals, yoghurts, toast
and preserves

Creamy porridge, smoothie of
the day, super seeded granola &
fresh fruit